



Gannet Empowerment

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Gannets

are seabirds in the family Sulidae, closely related to the boobies.

The gannets are large black and white birds, with long pointed wings and long bills.

Gannets hunt fish by diving from a height into the sea and pursuing their prey underwater. Gannets have a number of adaptations which enable them to do this:

- they have no external nostrils;
- they have air sacs in their face and chest under their skin which act like bubble-wrap, cushioning the impact with the water;
- their eyes are positioned far enough forward on their face to give them binocular

vision , allowing them to judge distances accurately.
The gannet's supposed capacity for eating large quantities of fish has led to "gannet" becoming a disapproving description of somebody who eats excessively, similar to "glutton".



The dive-bombers of the Atlantic

- The gannet is the largest seabird in the northern hemisphere.
- It is a brilliant, graceful flier, spending most of its life up in the sky.
- When it spots food in the sea it dives down at high speed from 30-45m in the air.
- With half-closed wings, sleek, sharp bill and torpedo-shaped body, it enters the sea at up to 100km/h.
- It has its own version of the car air bag in its face to help cushion the impact of hitting the water at such speed.

Attunement

There are no pre-requisites for this attunement. This is based on intent and may be sent as intent or chi ball. Always ask your higher source to be with you and always thank them for being there with you. Whatever procedure that you do for yourself to align with receiving attunements, please do them.

This empowerment and manual is free of charge and may be used by

anyone.

The entire manual cannot be changed in any way.

