



Infinite Light
Empowerment

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A warm welcome to Infinite Light Empowerment

Most of the times when I walk my dog in the forest, sit down in meditation or enjoy being outdoors, I always have a certain feeling of being one with all-that-is, God, the infinite light, universe or whatever feels appropriate for you to call it.

I have that special feeling of being a part of something bigger. And most of these times, the things that goes on in my mind is about how I can contribute to the awakening process in the world, and how to help raise the vibration and consciousness of everything living here on this planet.

When nature is holding me in her arms, I get input, and information about what to write and bring out to others. These messages are mostly about healing, spiritual development, to love and exist in harmony with the infinite light and the universe. It is right there we should be, and from there we should get our strenght and powers to be able to meet each other and all living things In total peace and complete light. We should carry the light with us, and within us in the same way the light carry us.

The energy Infinite light empowerment was given to me, when I started to read The Prayers of Howard Wills. They are all about forgiveness, how to purify ourselves in gratefulness and healing to everyone and eveything that has ever existed and will be in the future. That made me understand how many more miracles and wonders can come alive when we ask, receive and give in gratitude, and how wonderful it is to forgive our selves but also others.

I did get a new insight in my relationship to God, and that's why i want to pass it on to others that feel drawn to it, or feel in need of it. This energy method, connection to God or whatever feels appropriate to call it has got nothing to do with these prayers or Howard Wills himself.

It is a detached energy, channelled by me only!

You will be given an opportunity to re connect with the infinite light in meditation, healing and your own spiritual development. The goal is to be one with the light at all times, no matter what goes around or comes around.

Blessings and love...Eva



Infinite Light

We all derive from the same source, but the energy vibrates in different pace and makes different substance and matter. All the matter that in it's similarity and unlikeness is our habitat, with its variety in many life forms.

It may seem hard to understand the fact that we all "are one", since millions of species share the same space and can survive, but also the fact that we live in different circumstances, environments, countries, and have big contrast in living conditions. It can sometimes feel hard to grasp, when you look at mother earth and see that this miraculous planet can have so much variety in vegetation, scenery and different nations. In between that we see oceans, lakes, rivers, streams and ponds with its unique life form, from the biggest whales to the smallest water flea and tadpoles.

Everything is well thought out in every single little eco-system.
And still we are made from the same source.

I sometimes get astonished over the fact that people don't allow themselves to see and feel how amazing this is. And that each one of us has a place, a personal space with our name written on it that belongs only to us? We can fill it up with whatever makes sense to us. Well Isn't that just great? Our contribution to this world makes a difference to everyone. It can make a huge or a small difference, but it DOES make a difference. How big or small is our own decision, also how and when we do it. We can consciously choose to become aware and work on our progress. The alternative is to stay in our familiar situation and feel happy with that. Cause it's our life and our option. The infinite light is the source, our heavenly father, all-that-is, God/Godess, whatever feels all right inside of you. And we all have our own relationship with the infinite light, our own image of the ONE, and we all are a part of it, the same way it's a part of us. We are lightbeings, we just need to take ourselves back to our origin, our higher self and awareness, and live in the flowing, devoted light that is waiting for us to return home and open up for love and true living.

Through generations we have struggled through courses of events, and now we begin to see that something positive is about to happen. Politicians and leaders of the world finally are beginning to understand how necessary it is to protect mother earth with all her living things, the environment and each other. This is called ascension, when we raise the spiritual energy on earth and act in different ways than we usually do. Never before have so many people searched for spiritual guidance, and never before have so many found a life in light and spiritual evolvment. Never before have this amount of people healed, and never before have so many of us had contact with the angelic realm, guides and light beings.

Infinite light Thank you for your infinite love! Thank you!

The Empowerment

The purpose of this attunement is to “kickoff” the infinite light process in YOU, to wake you up, make you understand and bring you closer to the infinite light, the source, through a kind of an opener, an empowerment of something you already have inside of you.

You can see yourself and where you come from. The message is simple; you and the infinite light should have a straight communication and direct connection, with out something in between. YOU become ONE again.

It also means that you through your own choice choose to meet and answer to the love that changes and transform. One empowerment makes it possible for you to let go of things that no longer serves you, and cleanse away everything you don't need anymore. You will be purified and gain strenght in your relationship with the infinite light and yourself.

You can of course have similar experiences if you use yoga, prayers, meditations or different energy transfers. Apart from the fact of what you use on your path, the goal is to unite with the infinite light through your soul, and to remain there no matter what happens around you. You become ONE with the light and you become free.

There is of course no guarantee for a permanent and lasting state of mind with this empowerment, it depends on where you are on your path, and what life has brought to you so far. But you can sense a feeling of euphoria, peace, feel and see the infinite light around you and inside of you. Other experiences can be tingling, laughter, joy, a feeling of home and a complete inner calmness.

What you choose to do with this moment is all up to you, your life path and life purpose. Remember nothing is wrong and nothing is right, it only is!

You can see it as a foretaste of how a permanent and forever lasting connection can be felt. By that I mean when we really feel and see ourselves one with everything all the time. It all depends on you, and if you feel ready to start your journey. If you don't feel nothing at all right now, it's ok, everything has it's own time. Just keep on meditating and keep being focused, the main thing is that it makes a difference to you in the end (and it will) and that you have started your own journey in you own pace.



During empowerment, it might happen that you see different images, colours, or receive messages, as a help in your continuous growth and progress.

Whatever comes to you can be used as a focus in meditations, prayers or channellings. Since we all have a personal relationship to God, there are no symbols or messages that look the same. We receive what we need. This is another side and face of the infinite light amongst many others that we will be shown and can explore in order to move on. All this will help us to understand how important we are, and how wonderful it is to be healed and enlightened.

If you don't see anything special or experience some or none of it, just stay in the energy flow anyway, you can rest assured that you always get what you need, nothing more and nothing less. Just try to be open minded, and keep a pen and paper close to you, so you can write down or make a drawing right after the attunement is completed. There can be other things you need to work on or understand later on.

To enhance your attunement, feel free to use music, candles, incense or whatever feels comfortable for you.

Make sure your cellphone is off, and that you can focus and meditate and be fully present during attunement. You can also choose outdoor experience in a place of your choice, on a mountain, by a lake, in a dance, prayer or whatever you prefer to make you feel in the right mood.



To receive the Empowerment



As I mentioned before it is important that you will not get disturbed during attunement. The only reason for that is that I really want you to allow yourself to be in the flow fully and to 100 %.

When you are in the place of your choice, sitting down or lying down in a comforting position, start to relax yourself. Breathe deeply and calmly for a while. Use the breathing technique on the next page if you like. And when you feel ready, state out loud in the room, in the place you stay, or silent within yourself:

Infinite Light, Please Attune Me To Your Light, To Your Life, To Your Love, In To Your Healing, Totally And Completely, Now And Forever. Please Infinite Light, Thank You Infinite Light!

Allow the attunement to settle for about 30 minutes. You can feel warmth, love, tingling, energy movement and you can feel nothing, and that's ok. We all are different, and you can be one of them feeling nothing, just feel trust and know within yourself the attunement is now working for you!

You can use the energy immediately and it suits for anything and everything you possibly can think of. First of all it will raise your vibration, increase your perception and healing ability. Use it your own way and by your intuition. Try out distant healing, hands-on healing, aura healing, chakra healing, or what you normally do as a practitioner.

Don't forget to ask with gratefulness and humbleness, it is because of that we say please and thank you!

You can re attune yourself at any time if you are "off- track" or need to be aligned with the energy again.

You can also use this energy as a part of your healing practise, but remember at no cost. This is a freely given energy of love and light, no money shall be involved.

Just pass it on it free as you received it free from me and the infinite light.



Please, do not break!

Meditation of light

Begin by sitting in a comforting position, feet on the floor or in a lotus position.
Allow your hands to rest in your lap.

Now begin to focus on your breathing, allow it to be deep and slow. Breathe
with your stomach. Inhale and exhale...

When there is a rhythm and calmness in your breathing, you start to count the
inhalations and at the same time you draw in light through the top of your
head, down in to your body. On ONE you inhale and draw in light, and on
TWO you exhale and let the light expand inside of you and outside of your
physical body.

For every inhalation, you try to draw in the light more and more until it fills your
entire being. And for each exhalation, you allow the light to explode and
expand more and more until it fills the whole room or area.

On THREE inhale, on FOUR exhale, on FIVE inhale, on SIX exhale and so on.
Does this until you reach the number of 100, and then rest.
Now try to feel what happened during breathing meditation.
Sensations? Light? Love?

Try to do this on a daily basis, and you will be more and more enlightened!

Blessing and love
Eva/ Solé-ira



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