



FOR OUR LOVE OF FAIRIES



(picture is of Harmony Path Studio garden entrance)

*All pictures taken in my studio garden...Harmony Path**

*A GUIDE IN CONTACTING THE FAIRY
REALM*

*THE FAIRIES IN OUR GARDENS ARE
CALLING**

I love my garden....And the Fae within...

In my garden I dream of fairies

In this medative state....

I am able to commune

And see them...

*Quite easily**



We can all do this...

Fairy sight* is the ability to have a clairvoyant impression about the fairies

*These impressions may come to us in many other
ways, personal to us, our path... and desire to contact
fairies.*

*In the natural World... Giving thanks for the beauty
of our beloved planet*

Is a great way to start a Fairy Meditation....

Fill your heart with loving golden light

*And invite the Fairies to be with you^{***}*

And your higher self/ angels and guides^{}*



*Place your focus on the seven pointed fairy star^{***}*

This is a porthole for those seeking to commune with the Fairy Realm....

*Here is some information about the star for you**



The Fairy Star

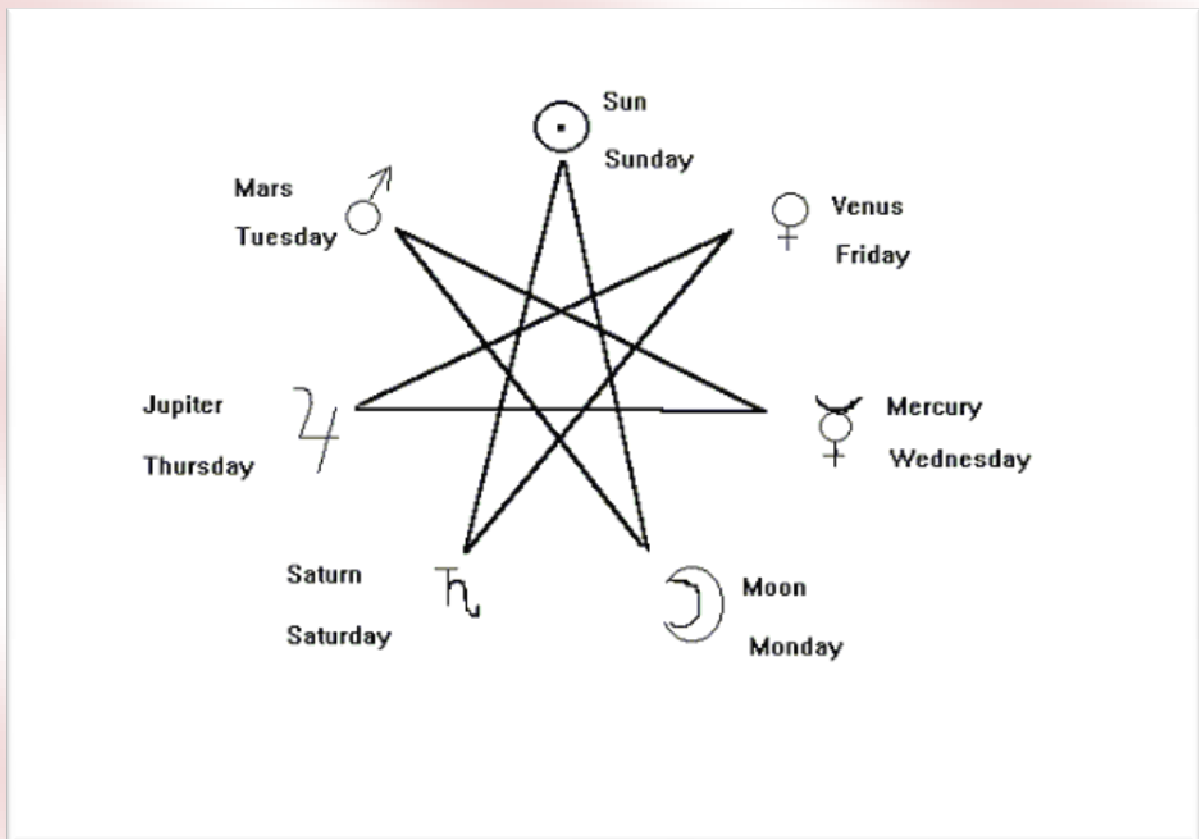
The septagram which is a seven-pointed star is similar to a pentagram, yet highly different. While many of the points of the septagram hold elemental symbolism (such as passion and energy of fire; voice,

soul and thought as wind; dynamic deep nature of water; stability of life and earth), it is far more complex than the pentagram and represents a belief in fairies and magic. The septagram is a continuously drawn figure, and is a far less religious symbol than the pentagram. It is a sacred symbol to Wicca's who follow the fairy traditions. Often the septagram is considered a symbol of higher understanding. The septagram, with the number seven, representing magic and spiritual realms often associated with fairies, is believed to have a different meanings for each story teller. Additionally, the number seven in many cultures is considered to be a magical or lucky number, and can be used to indicate appreciation and knowledge of fairies. Thus this is our fairy star. There is much meaning in the Fairy Star which has gained popularity over the past years. The star represents a belief in fairies, magic, fun and frolic and is a symbol of magic, childhood /child within and whimsy. You can view the Fairy Star as a symbol to remind people

*of the magic in their lives and of their childhood, and
the fascination with all things fairy.*



*The Fairy Star continues to be a beacon of our
conscious existence to bring us home and remind us of
the power of our minds over the world we exist in.*

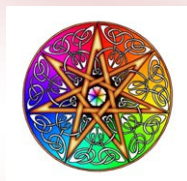




*ABOUT CONTACT****

*This is always good to meditate upon in the fresh air...in your garden...or in a natural setting...in the outdoors....woods or streams are wonderful contact places....however...even sitting by a potted plant is good....or just visualaizing a natural scene**

*Fairies are initially shy....if this is new to you...be patient....and trust that this process of intent will draw the presence of Fae to you****



My experience is that fairies come to us in many forms....they also have a great sense of humour...which can be mischevious at times....if this is the case...at all...set them straight about how much joking and what kind are acceptable for you*
They will respect your honesty re this**

MEDITATION TO MEET THE FAIRIES....



We use a breathing technique to ground, balance and centre ourselves...as the start of this meditation...

There are three steps to this breathwork...

*1/. On the in breath (let God) and out breath (let go)...relax....Release any tension from your body until your feeling light and fluid**

2/. On the in breath and out breath, centre yourself in the still point within...This helps focus...and eliminates distractions....

3/. On the in breath and out breath feel your awareness, your consciousness, expanding....this gently opens you to your other aspects of being....your more spatial and spiritual dimensions....

Surround yourself with the highest healing lights of gold and white....allow yourself to see this light entering through your crown....flowing throughout your body....and out of the soles of your feet....into

*planet earth....You are in tune with the infinite....and grounded in the Mother....the Earth**

*You are feeling light/joyous and receptive....you are clear and have trust and anticipation that communion with the Fairy realm will be revealed in Divine Time....You have requested your higher self and Angels and Guides to assist you for the highest good of All****

Relax.....



*You can almost hear the *Pan Pipes**

*You may not know at first ... but you will sense a
magical healing presence...in your own way**

ENJOY BE OPEN* AND MINDFUL**

*GIVE THANKS....THE FAIRIES LIKE US TO
BE POLITE**



*THIS HAS BEEN AN INTRODUCTION TO
CONTACTING THE FAIRIES...*

*IN YOUR GARDEN....AND THE GREATER
GARDEN OF HIGHEST GOOD.....*

*HAVING FAIRY PAINTINGS/ STATUES /
LEAVING TREATS AS THANKS....(THEY
LOVE SWEETS AND CRYSTALS) WILL ALSO
INVITE THEM INTO YOUR LIFE...*

*THEY ARE OF COURSE....ALL READY
HERE****





*HARMONY PATH STUDIO**

☆☆☆☆☆☆

*GIVING THANKS TO ALL THE INSPIRATION
RECEIVED FROM MY FAIRY FAMILY**

☆☆☆☆☆☆

*This is a free gift from the fairies...and the
universe...*

*The manual and attunement are price-less... no
money exchanges hands* However an energy
exchange of Love and Kindness beamed towards the
Fairies....and our plant and animal kingdoms is
desireable....and asked for in fair exchange...*

Please enjoy....

From El at Harmony Path to You**

*This may be passed on by Master Teachers versed in
the Law of Faery for the Highest Good of All
Kingdoms****



*You may like to write your impressions on the next
page**

